

SWIM PROGRAM

We are happy to offer Friday afternoon swim lessons for students in Reception and up. Swimming takes place from the first Friday in August to the end of October. The program then stops for a winter break and resumes in March and continues until the end of the school year in June. **We kindly ask that only children who are enrolled in the Friday afternoon swimming program participate. Children who do not attend the Swim Program on a Friday afternoon, must be picked up at the school at 12.00.** The swim teachers are all looking forward to this year with lots of motivated children.

The swimming criterion for the British School Bern is based on the Swiss system. The 4 partners that coordinate the swimming program for Switzerland are:

- Swimsport.ch
- Schweizerischer Schwimmverband SSCHV
- Schweizerische Lebensrettungs-Gesellschaft SLRG
- Jugend and Sport J&S

The swimming teachers for the British School are all qualified with a lifesaving and CPR certificate.

Swimming programs over the years have been continuously changed, improved and modified for the benefit of those learning to swim. In short the program is:

- the children will work to a weekly or monthly target
- no more testing for badges
- we will cover the foundation tests from 1 to 7 (old badge system) throughout the semesters
- children will work at their own pace and ability
- the parent may view their child's progress from the teachers swimming notes

The swim teachers would like to remind you of a few important matters:

- please advise Mrs. Flieler if your child has a medical history or needs any type of medication
- things that belong in the swim bag are swimsuit and towel. We ask that no valuables are taken to the pool.
- if your child has long **hair it must be tied back while swimming** or a bathing cap must be worn
- no food in the pool area

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